

Volume 2511 : November 2025

InnerCircle

The Monthly Guide to Living Well at Work by TLC

Staff Dining Privileges at Grand Hyatt Hong Kong



ALSO THIS MONTH

*Elevate your home
with Dyson*

*Pour yourself some
zen with Florte*

*Year-end body check
at Humansa*



**TOTAL
LOYALTY
COMPANY**

We create happy & healthy workplaces!

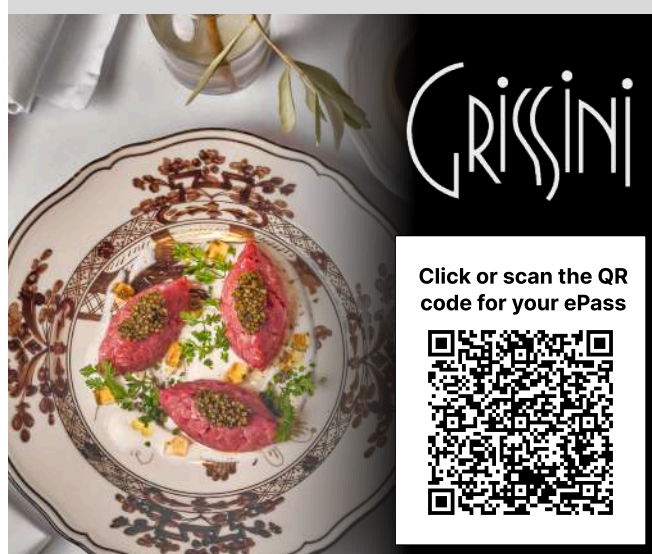
A Feast Awaits – Enjoy 15% Off at Grand Hyatt Hong Kong

Indulge in a world of flavors at Grand Hyatt Hong Kong's finest restaurants. From refined Cantonese and Italian cuisine, to Japanese specialties and brunch, a memorable dining experience awaits.

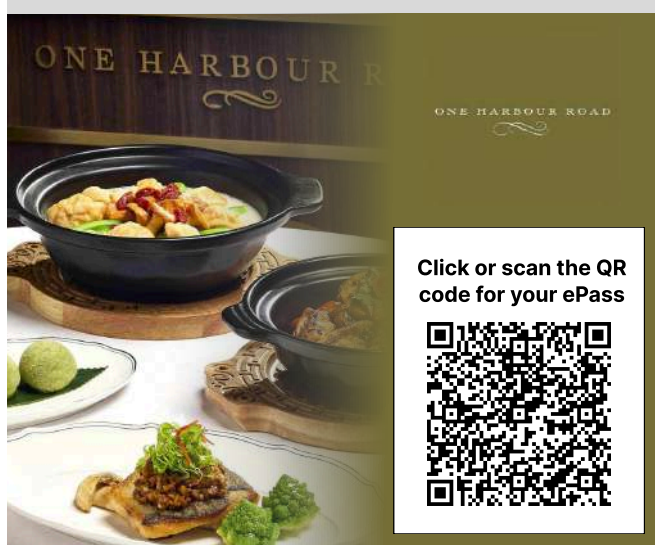
Enjoy 15% discount at Kaetsu (Exclusive of Teppanroom)



Reward Yourself With 15% Off at Grissini



15% Off À la carte & Set Menus at One Harbour Road



Get 15% discount on food and beverages at Tiffin



This exclusive offer is brought to you by Total Loyalty Company (TLC), your staff benefits program provider. If you have any questions or feedback, please contact info@totalloyalty.hk.

Power Break Series

Knowledge is power - Let's learn at lunch!

Lifestyle
Wellness

- Men's Health Awareness Month - Urinary Health Issues That Should Not Be Ignored?

5 November 2025 (Wed)
1:00 - 2:00 PM
Cantonese

November is Men's Health Awareness Month, and we're bringing you this special session to raise awareness about common urological issues that affect men of all ages. Join us to gain practical insights and answers to questions many hesitate to ask.

What We'll Cover:

- Overview of common urological conditions
- The difference between urinary frequency and overactive bladder
- What urinary leakage might indicate about bladder function
- Treatment options and lifestyle adjustments



Speaker

Dr. Yung Yee Ping

Specialist in Urology



Register Now

How to Lead with Mental Health in Mind: Practical Skills for Leaders and Managers

25 November 2025 (Tue)
1:00 - 2:00 PM
English

Join us for a practical conversation on how mental health impacts collaboration, conflict, and leadership. Tailored for managers and team leaders, this session will equip you with actionable strategies to build healthier, more connected teams.

What You'll Learn:

- Spot early signs of mental health struggles in your team
- Address conflict constructively and with empathy
- Support team members within singling them out or undermining their credibility
- Create space for open dialogues and psychological safety



Speaker

Dr. Sheila Chan

Specialist in Psychiatry



Register Now

FLORTÉ JARDIN DES THÉS



OFFER

Enjoy 20% discount for any purchases at the Florte e-shop

PROMOTION PERIOD

Until 30 November 2025

HOW TO REDEEM

Use promo code 'TLC25' upon checkout at [FLORTÉ e-shop](#)

Click or scan the QR
code for more details



This exclusive offer is brought to you by Total Loyalty Company (TLC), your staff benefits program provider. If you have any questions or feedback, please contact info@totalloyalty.hk.

dyson



OFFER	Save 35% on select Dyson products
PROMOTION PERIOD	While stocks last
HOW TO REDEEM	Order your Dyson product on the TLC eShop

Click or scan the QR code to visit the TLC eShop



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Staff Offer Highlights



Live it. *Love it.*



OFFER	Enjoy 15% off baby carriers with a stroller or car seat purchase + extra 5% off when you spend HK\$1,000!
PROMOTION PERIOD	Until 31 December 2025
HOW TO REDEEM	Present this ePass in store to redeem this offer

Click or scan the QR code for your ePass



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Humansa
HEALTH. REIMAGINED



OFFER	Exclusive corporate discounts on health checkups and wellness
PROMOTION PERIOD	Until 30 March 2026
HOW TO REDEEM	Click or scan the QR code to enjoy <u>exclusive staff rates</u> for annual body check-ups at Humansa's Victoria Dockside Center

Click or scan the QR code for more details



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OFFER	New customers get HK\$40 in coupons with a minimum spend of HK\$16.
PROMOTION PERIOD	Until 31 December 2025
HOW TO REDEEM	In the ChargeSport App, go to "My Page", tap "Coupons," and enter the code "TLCSPOT".

Click or scan the QR code for more details



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Proof.

Bring more joy to your next team meeting or celebration with Proof., a hidden gem in Happy Valley loved for its handcrafted bread, irresistible pastries, and other delights.



OFFER	Enjoy 15% discount and FREE delivery on HK\$1,000 net order
PROMOTION PERIOD	Until 31 December 2025
HOW TO REDEEM	Order HK\$1,000+ at proofhk.com with code "TLC15", or show this page and TLC Pass in-store

Click or scan the QR code for your ePass



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Total Loyalty Company (TLC), together with the HKSAR Social Welfare Department and the “Enhancing Employment of People with Disabilities Through Small Enterprise” (3E) Project, is proud to support social enterprises under this scheme each month.

At TLC, delivering business excellence goes hand in hand with fostering an inclusive community. Our partnership with the SWD marks an important milestone in our ongoing commitment to support social enterprises and empower underrepresented groups across Hong Kong.

The 3E Project, funded by the Social Welfare Department, provides seed funding to help eligible organizations establish social enterprises that create long-term employment opportunities for persons with disabilities. Each participating enterprise ensures that at least 50 percent of its staff are persons with disabilities, creating sustainable inclusion and dignified careers.



Click or scan the QR code for the soft meal workshop offer



Delish One Kitchen, operated by Po Leung Kuk, serves delicious takeaway lunch boxes, festive and party food to individuals and companies, including nutritious soft meals for those with swallowing difficulties. It also conducts workshops for enterprises, teaching hands-on soft meal production to raise awareness and understanding swallowing challenges.



We create happy & healthy workplaces!

**At Total Loyalty Company, we believe staff engagement isn't a perk,
its a priority.**

**From wellness programs to meaningful employee experiences,
we help companies build cultures where people thrive.**

Explore our workplace wellbeing solutions

 **www.totalloyalty.hk**

Contact us to energize your team

 **info@totalloyalty.hk**

 **(852) 2536 9010**

HR Vendor of the Year in Employee Engagement 2024
Celebrating 15 years of creating happy and healthy workplaces in Hong Kong

See you next issue